



**Call to Action**  
**HEALTHY KERN,**  
**HEALTHY YOU**

# Community Design Matters

*“Building Walkable, Healthy, Livable Communities”*

**Thursday,  
 May 8, 2014**

**8:30 a.m. to Noon**

Kern County Library  
 Beale Memorial Library  
 701 Truxtun Avenue  
 Bakersfield, CA 93301

**This workshop is FREE**

The Call to Action for a Healthy Kern invites you to our first workshop in a series that will focus on our community's health and the built environment.

This workshop will illustrate how one's health is impacted by design and the growing desire to create healthy communities. Hear our panel experts' discuss the trends and health disparities facing Kern County and the solutions that will aide to create a healthy more vibrant Kern County.

## Learning Objectives:

At the end of this workshop, participants should be able to:

- Define the need for building healthy communities
- Describe the general relationship of land use planning to health outcomes
- Discuss the health trends and disparities facing Kern County
- Identify opportunities to incorporate health in land use and planning for Kern County

## Target Audience:

- |                                  |                                |
|----------------------------------|--------------------------------|
| Builders and Developers          | Business Owners                |
| Community Development            | Elected Officials              |
| Engineers                        | Faith-Based Organizations      |
| Health Coalitions & Organization | Health & Medical Professionals |
| Home Builders Association        | Housing Authority              |
| Local Government Staff           | Neighborhood Associations      |
| Parks and Recreation             | Planners                       |
| Public Health Advocates          |                                |

Please contact Patricia Armendariz at  
 (661) 868-1297 or [armendarizp@co.kern.ca.us](mailto:armendarizp@co.kern.ca.us)

**RSVP deadline is Monday, May 5, 2014**

**This workshop has been approved for 2.25 AICP CM units**

Space is limited; please RSVP immediately • A continental breakfast will be provided  
 The AMTRAK station is adjacent to Beale Library

