

# New Directions for Healthy Places: Achieving Health & Wellbeing

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# Clinical Scenario

## Pediatric Services



- Federally Qualified Health Center
- Low-income population
- Many challenges to live a healthy life
  - Many children were not healthy

Photo: Ravenswood Family Health Center

# Clinical Scenario

## Pediatric Services



Asthma

Depression

Obesity

High Cholesterol

Type 2 Diabetes

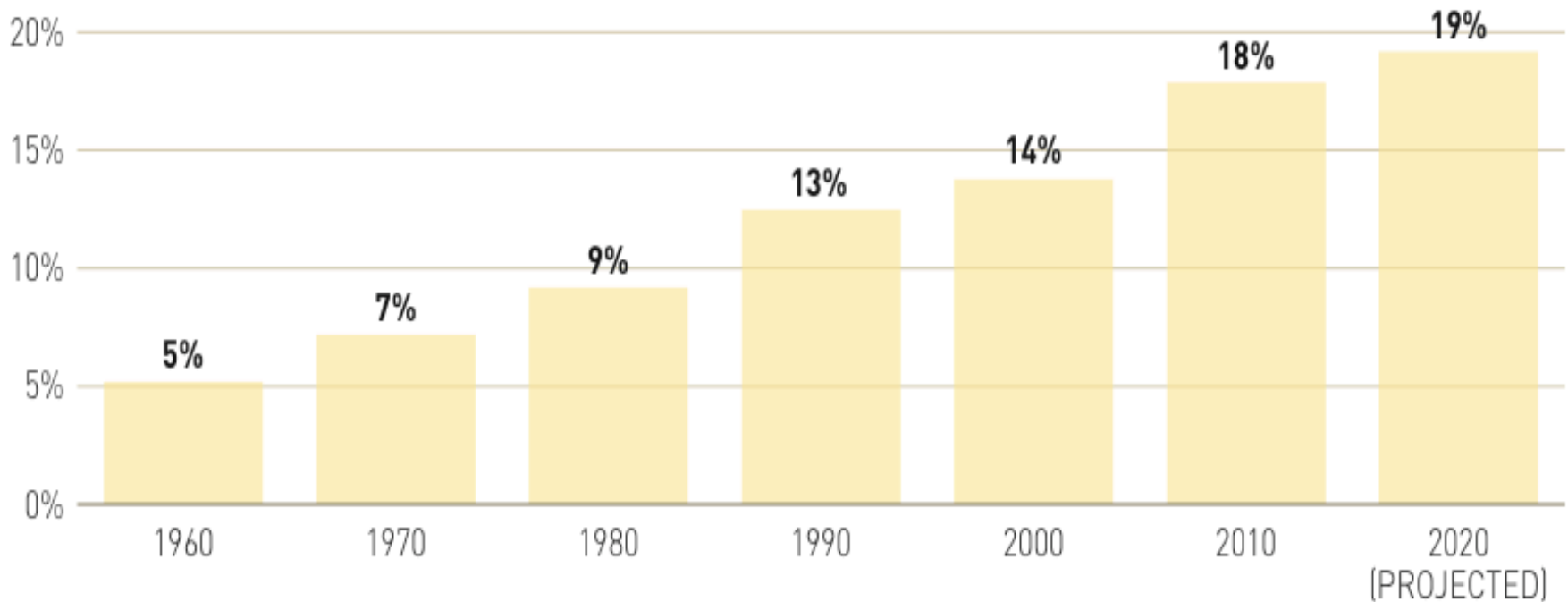


*Programs, Letters,  
Community Training*

# State of Health

## Health Care Expenditures Are Claiming a Larger and Larger Share of U.S. GDP

*U.S. national health expenditures as a percentage of gross domestic product, by decade*



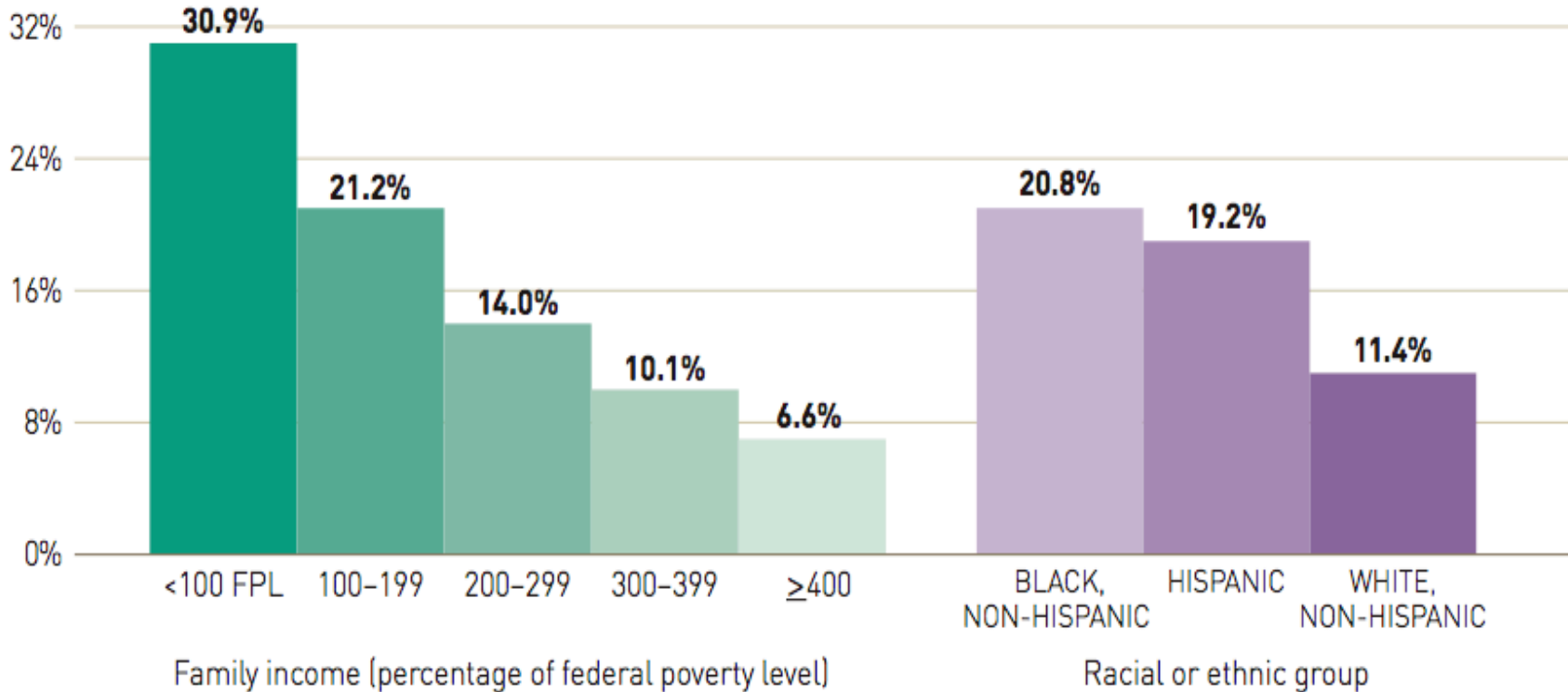
Source: U.S. Centers for Medicare & Medicaid Services, Office of the Actuary.  
Note: The projection for 2020 includes impacts of the Affordable Care Act.

Graphs from ULI Report 2013

# State of Health

## Health Outcomes Vary across Income Levels and by Racial and Ethnic Group

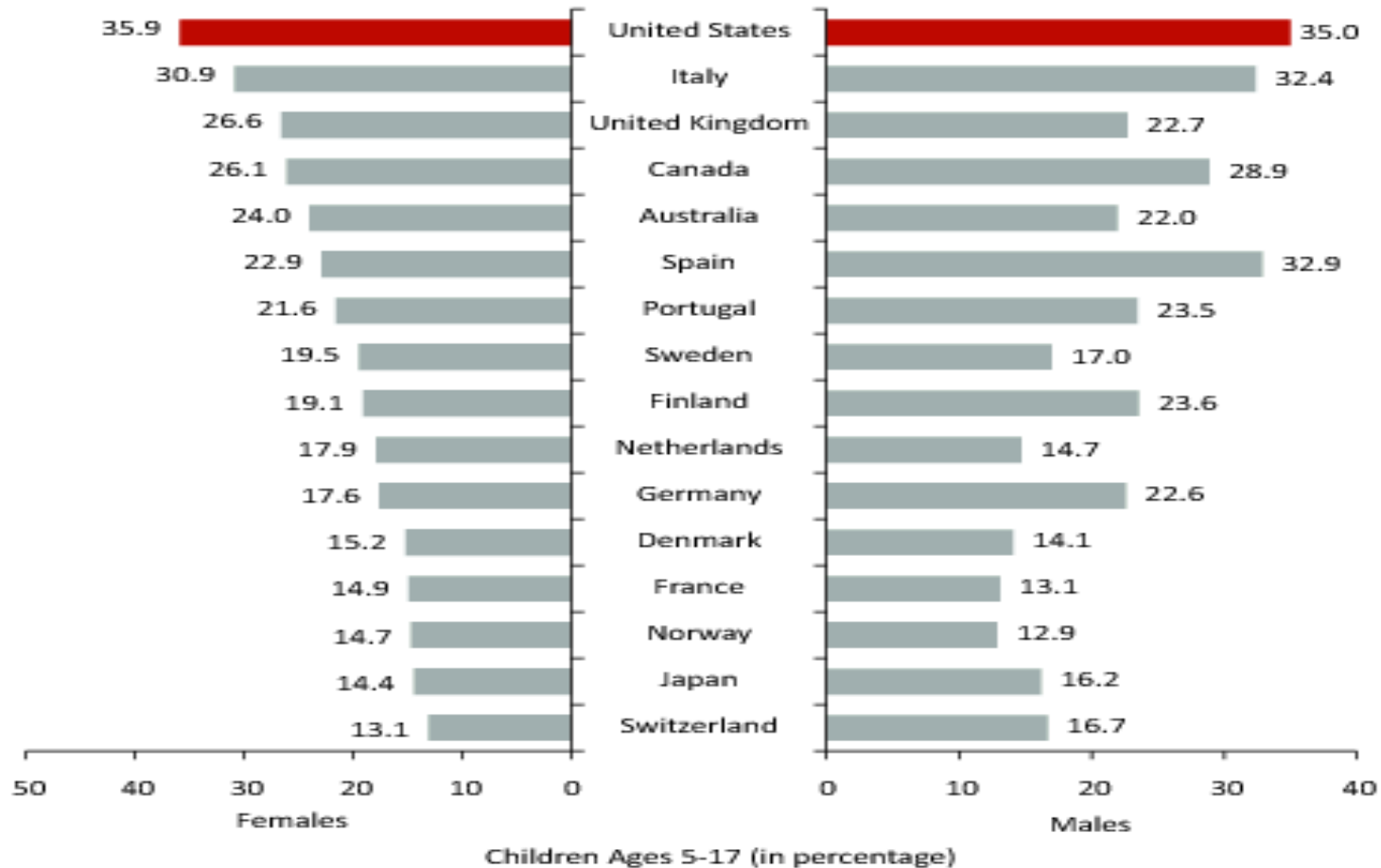
*Percentage of U.S. adults in poor or fair health (age-adjusted)*



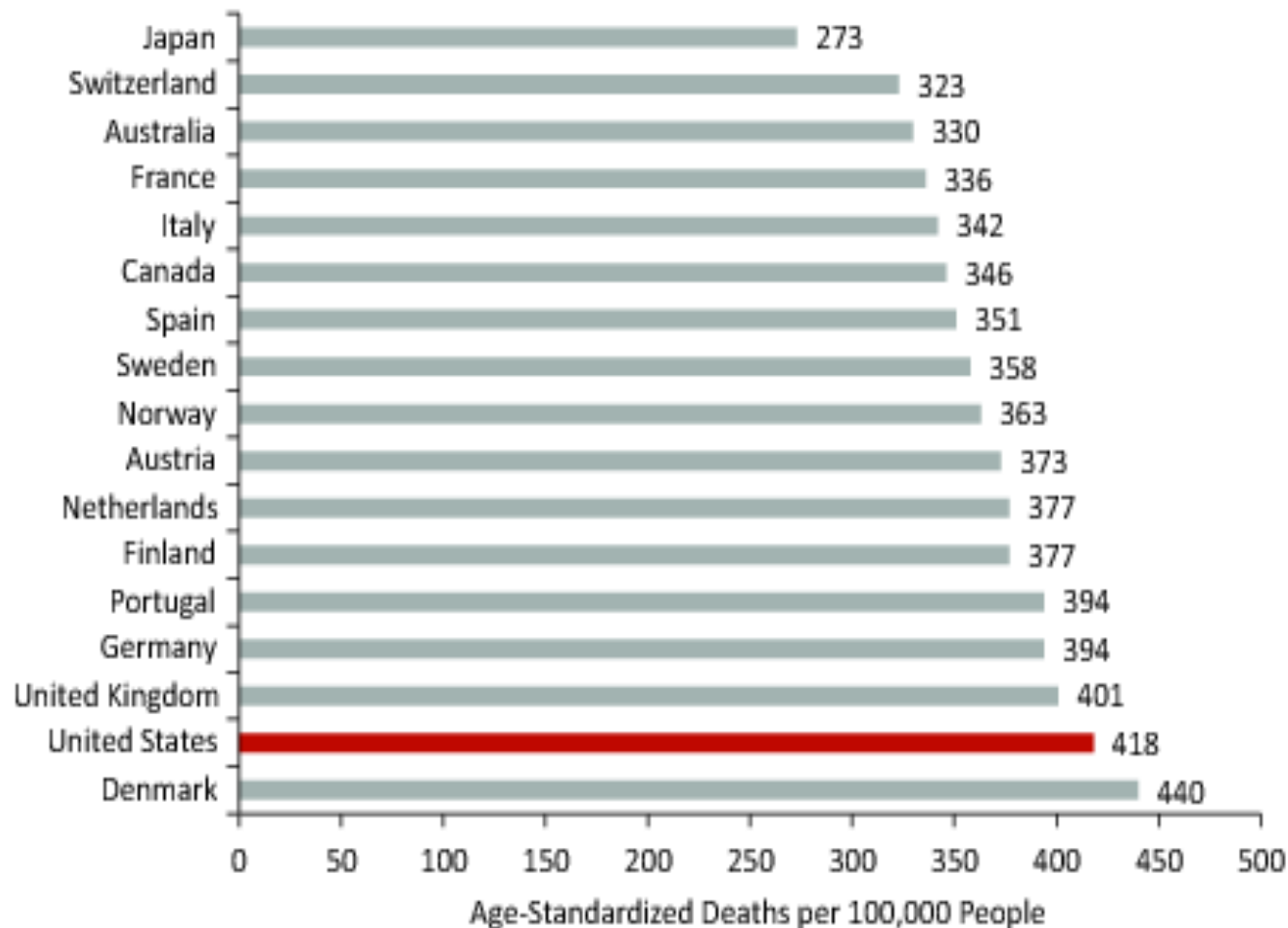
Source: Robert Wood Johnson Foundation.

Graphs from ULI Report 2013

# Childhood Obesity Prevalence 2011

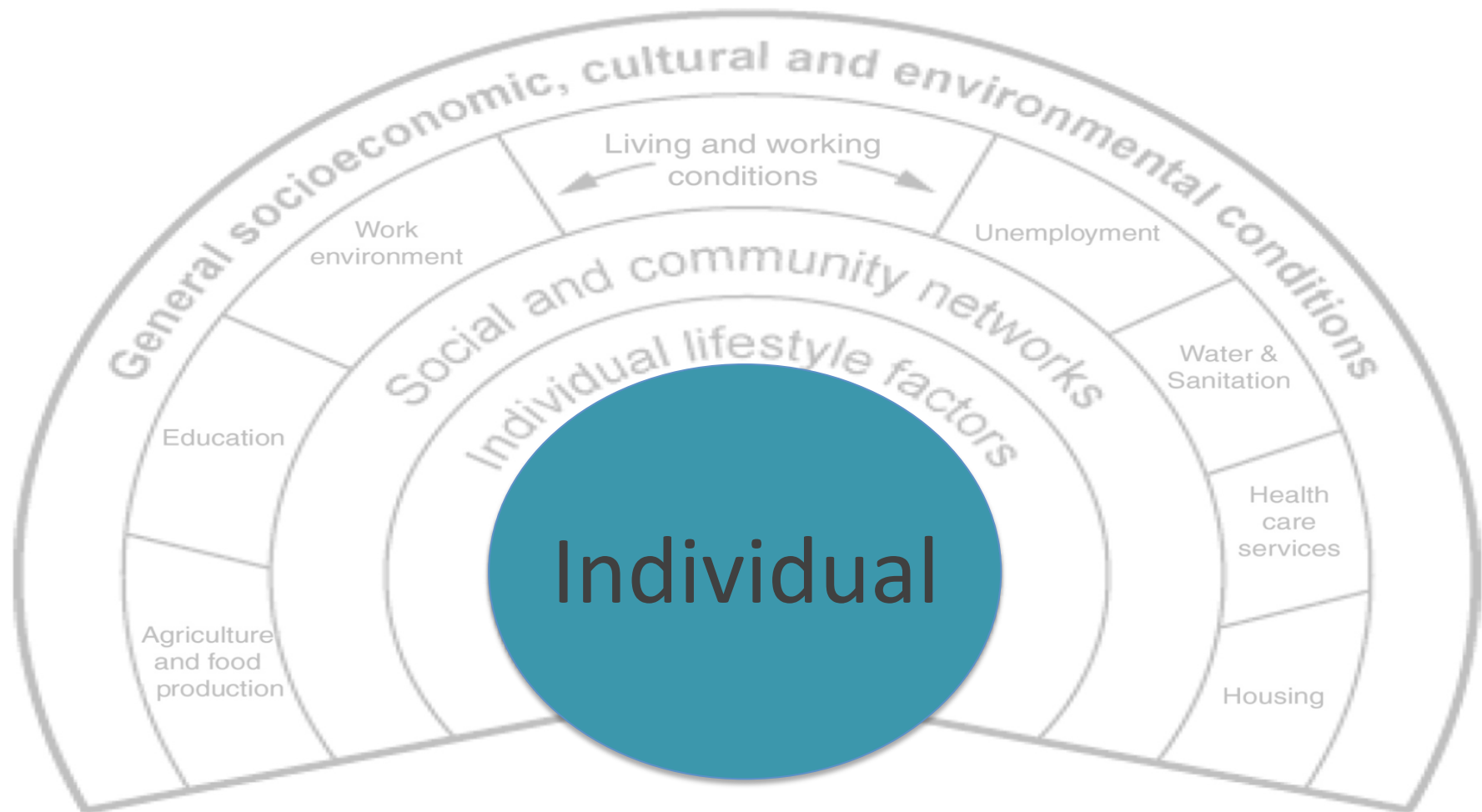


# Mortality: Non-communicable Disease, how the US compares 2008



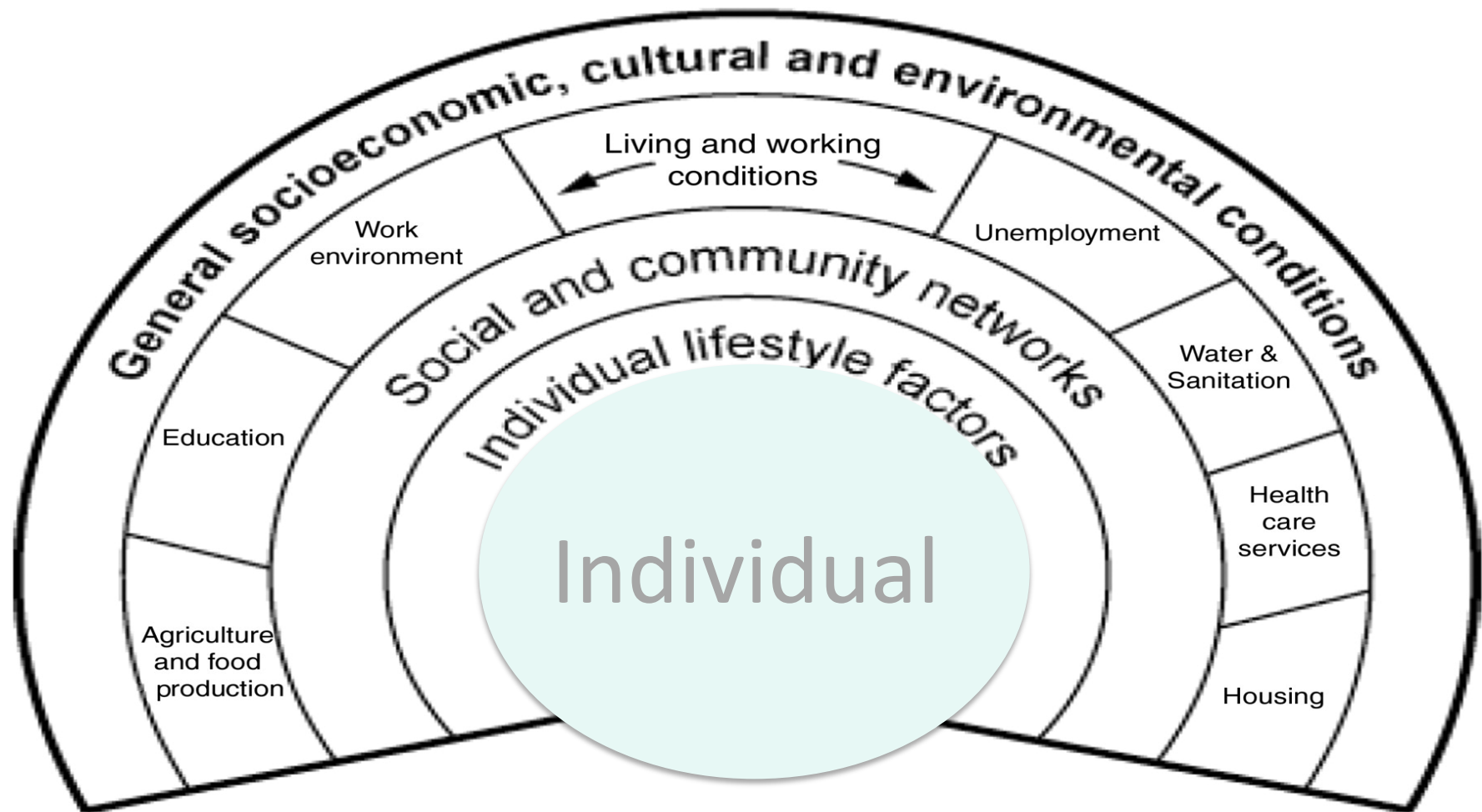
US Health in International Perspective: Shorter Lives, Poorer Health 2013

# Determinants of Health and Wellbeing





# Determinants of Health and Wellbeing



What does “health” really mean?



# California Planning Roundtable

“A healthy community is one that strives to meet the basic needs of all residents...

Vibrant, livable and inclusive communities provide ample choices and opportunities to thrive economically, environmentally and culturally, but must begin with health.”

# Innovation and Momentum

American Planning Association

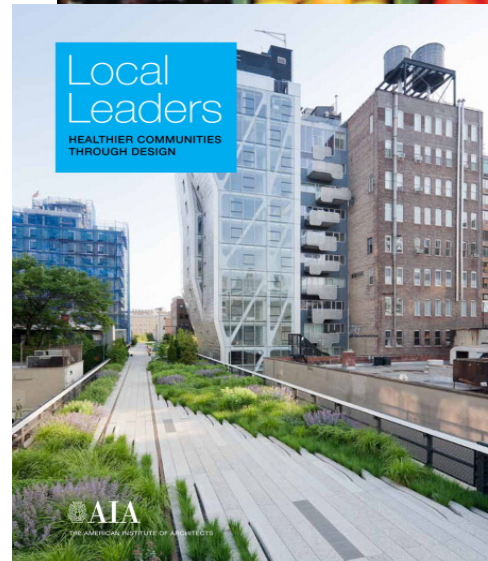
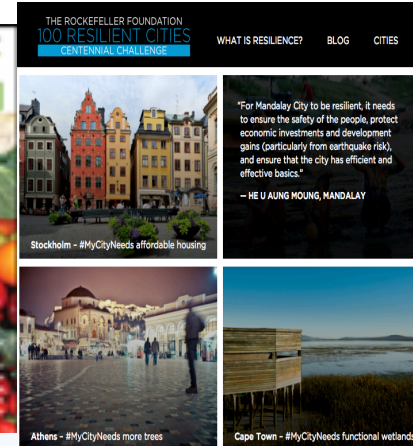
American Institutes of Architects  
& Clinton Global Initiative

US Green Building Council

Urban Land Institute

The California Endowment:  
Building Healthy Communities

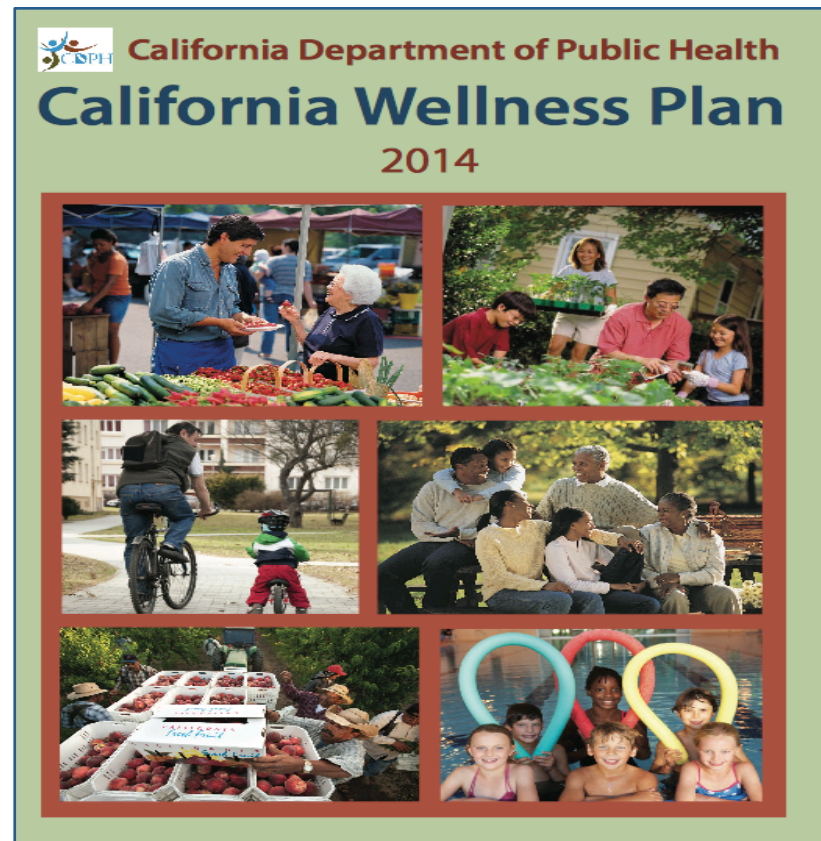
Rockefeller Foundation:  
Resilient Cities



Health and the Built Environment

Urban Land Institute Building Healthy Places Initiative

# California Context



Health In All Policies Task Force

# Healthy Communities:

Designing Healthy, Equitable, Sustainable, and Economically Vibrant Places



Active Living & Recreation



Food Systems



Social Connection & Safety



Health & Economic Opportunity



Our Climate & Resiliency



Healthy Housing



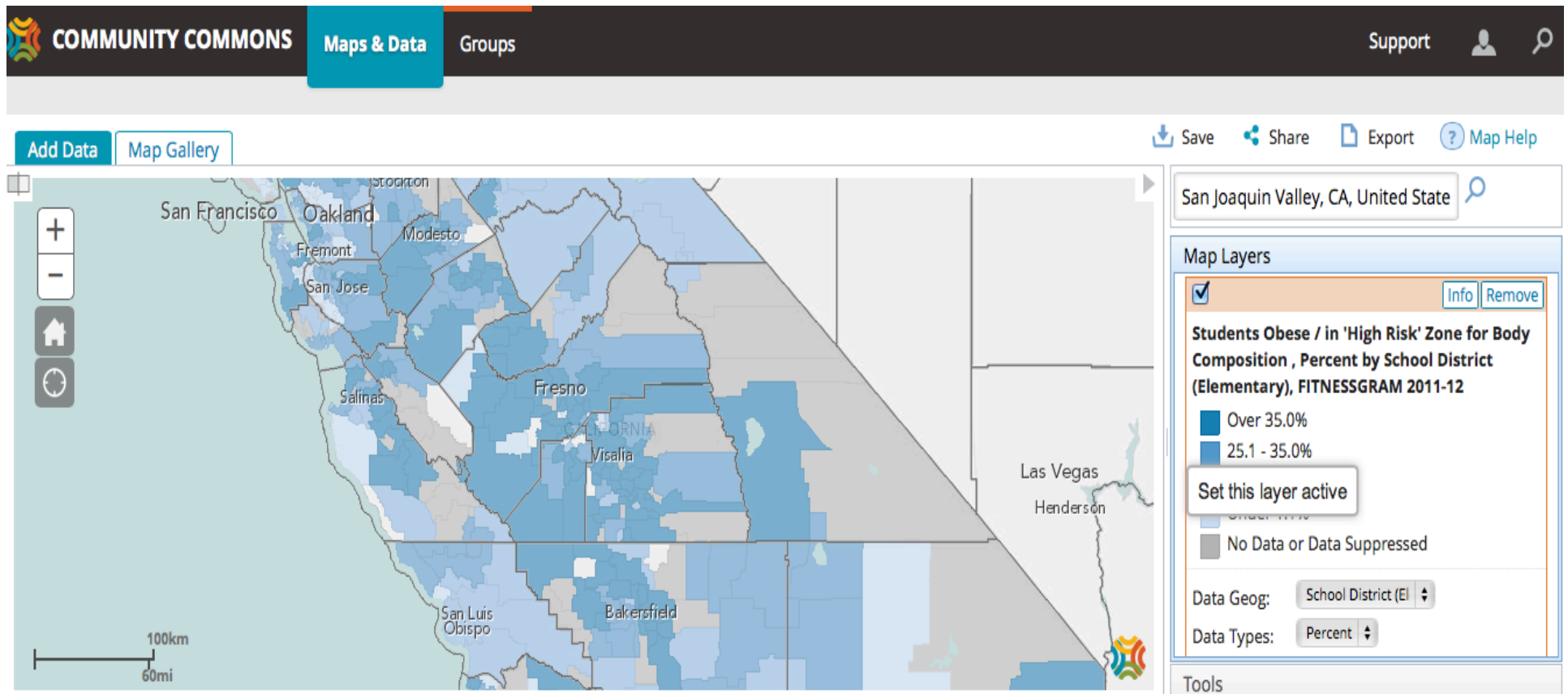
Environmental Health & Exposures



Health & Human Services

# Community Vital Signs

## Innovative Partnerships & Collaboration Data and mapping



# Continuum-> Individual to Population



PHARMA & HEALTHCARE 11/26/2013 @ 9:32AM | 5,777 views

## It's All In The Data: Cincinnati Children's Hospital Gets Wonky To Transform The Health Of Its Community

National Recreation and Park Association

### PRESCRIBING PARKS FOR BETTER HEALTH SUCCESS STORIES

**Boston Doctors Can Now Prescribe Bike-Share Membership To Patients**  
How did no one think of this before?





# Great Opportunity for Innovation in SJV

*“We can not solve our problems with the same level of thinking that created them”*

Albert Einstein

- Accountable Care Communities
- Professional Exchanges
- Funding Sources
- Community Health Needs Assessments

# Thank You

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Questions?

# Photo Credits

## **IMAGES**

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Farmer's Market: [http://www.ferrybuildingmarketplace.com/farmers\\_market.php](http://www.ferrybuildingmarketplace.com/farmers_market.php)

Children playing: <http://www.themindfulword.org/2012/engage-world-children/>

Puzzle pieces: <http://rebekahradice.com/make-the-pieces-of-your-puzzle-fall-into-place/>

Clinic: <http://www.ravenswoodfhc.org>

Other images taken by Elizabeth Baca